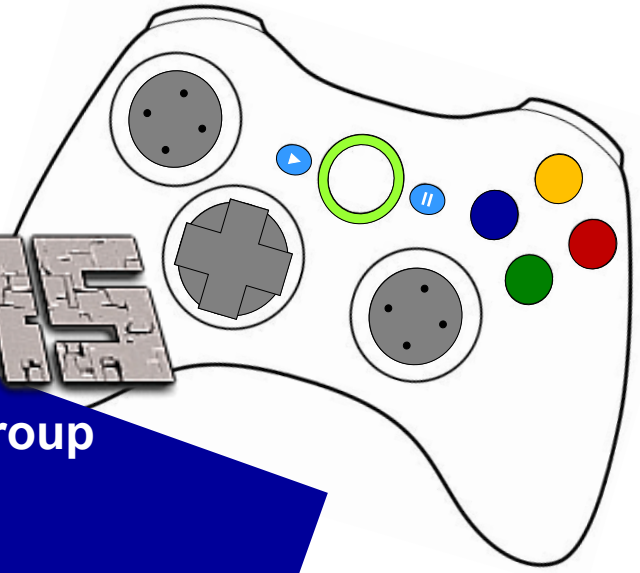


# MIND CRAFTERS



An activity based counseling group  
for children, ages 8-11



## Group Goals:

- Improve skills in self-regulation and using effective coping strategies
- Identify personal stress responses and coping styles
- Build self-esteem and increase self-awareness
- Gain appreciation of similarities and differences with others
- Improve conflict resolution skills
- Establish group unity and have fun!

Mind Crafters is facilitated through  
The Center for Clinical Services  
at Montclair State University

The group will meet Mondays  
October 17, 2022 - December 12, 2022 (\*excluding 10/31/22)  
4:30pm - 6:00pm

at The Center for Clinical Services at MSU  
147 Clove Rd. Little Falls, NJ 07424

For more information or to register for a group, please contact  
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UNIVERSITY

Center for Clinical Services